

SunSmart

Sun Protection Policy

**Background**

Skin damage, including skin cancer, is the result of cumulative exposure to ultraviolet radiation (UV) from the sun. UV damage begins to accumulate during childhood and adolescence and is associated with an increased risk of skin cancer later in life. As students and staff are at school during times of peak UV radiation, schools play a major role in providing an environment that minimises exposure and encourages long-term sun protective behaviours.

**Aim**

Our Sun Protection Policy has been developed to ensure that all students, staff, parents and visitors attending Creaney Primary School are protected from skin damage caused by harmful ultraviolet (UV) radiation from the sun.

**Implementation**

This policy is to be implemented when the forecast average monthly UV Index in our area is 3 or above (available from [www.bom.gov.au](http://www.bom.gov.au/jsp/ncc/climate_averages/uv-index/index.jsp?period=an#maps)). Throughout Western Australia, UV levels reach 3 or above during all school terms. The sun protection practices outlined in this policy will be applied to all school activities, including sports carnivals, excursions and camps. Provisions will be made for students who do not have adequate sun protective clothing or hats and these students will not be excluded from play or physical activity, though activities may be restricted to shaded areas.

# Procedures

Scheduling outdoor activities

* Where possible, we schedule outdoor activities such as outdoor lessons, sport and physical education to occur when the UV Index is below 3. When this is not possible activities are scheduled as far from 12 noon as possible to avoid peak UV times and/or scheduled using indoor spaces.
* When outdoor activities are scheduled at times when the UV Index is 3 or higher, maximum use is made of shade, sunscreen, hats and long clothing to protect students and staff.
* We require students, staff and parent helpers to wear broad-brimmed/ bucket-style hats, sun protective clothing and sunscreen for all camps, sports and excursions. These items are listed in the information provided to parents about these activities.

Shade

* We ensure there is adequate provision of shade within the school grounds for students and staff, particularly in areas of high use, for example, playgrounds, where children eat lunch, and outdoor lesson areas.
* We encourage staff and students to use shaded areas when outside.
* Students who do not have appropriate hats or sun protective clothing are asked to play in the shade or a suitable area protected from the sun.
* We ensure that adequate shade is provided at sporting carnivals and outdoor events.
* Shade provision is considered in plans for future buildings, grounds and playground equipment.

Hats

* We require students and staff to wear a broad-brimmed, bucket-style hat that protects the face, neck, ears and crown of the head whenever they are outside.
* Students without hats will remain protected from the sun and encouraged to play in shaded areas.
* We encourage parents and visitors to wear broad-brimmed, bucket or legionnaires-style hats when participating in and attending outdoor school activities.

Clothing

* Cool, loose-fitting sun protective clothing is included in our school uniform and sports uniform. It includes shirts with collars, and longer dresses and shorts.

Sunscreen

* Sunscreen is available and accessible to staff and students in classrooms and around the school grounds e.g. at the school office and in wet areas. Sunscreen is listed on the Personal Items Lists as an item parents may like to provide for their child. Extra sunscreen is provided by the school each year.
* All students and staff will apply SPF30 or higher broad-spectrum water resistant sunscreen 20 minutes before going outdoors e.g. prior to school (by parents), before lunch, PE lessons, sports, excursions etc.
* Staff will ensure that sunscreen is reapplied to the students and themselves as appropriate every two hours or more frequently if it is washed or wiped off.
* Sunscreen will be stored in a cool place, out of the sun.
* The occupational safety and health representative will monitor the expiry date of sunscreen and discard when out of date.

Sunglasses (optional)

* Where practical, students are encouraged to wear close-fitting, wrap-around sunglasses that meet the Australian Standard 1067 (Sunglasses: Category 2,3 or 4).

Role modelling and occupational health and safety

* To support health and safety legislation, staff are required to wear sun protective hats when supervising students.
* Staff, students and visitors will act as positive role models and demonstrate SunSmart behaviour when attending school by:
  + wearing sun protective clothing;
  + applying SPF30 or higher broad-spectrum water resistant sunscreen when appropriate;
  + wearing a sun protective hat (broad-brimmed, bucket or legionnaires style);
  + using and promoting shade;
  + wearing sunglasses that meet the Australian Standard 1067.

Education

* Programs on sun protection are included in the curriculum for all year levels.

Informing the school community

* Sun protection is communicated to staff, families and visitors via newsletters, social media and whole school activities.
* Families and visitors are encouraged to role model sun protection measures when attending outdoor activities.

Policy monitoring and review

* The sun protection policy will be made available to staff and parents via our school website.
* The policy is monitored regularly and reviewed every three years.

Date for review: 28 February 2025



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